

# Get walking in the Heart of England Forest

Come and explore the Heart of England Forest by visiting one of our founder's favourite parts Giddings Wood. Home to many owl boxes, see if you can spot any owls on this easy-to-follow walk.



#### Distance: 1.5 miles



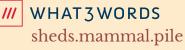
Difficulty: Easy



Start/finish: Giddings Wood car park. Nearest postcode: CV37 8BQ

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**OS Grid Ref:** SP 13952 48639





**Terrain:** Easy going but can get muddy in winter





### **Barn Owls**

The forest is home to a large number of owl boxes we're working hard to try and bring more owls back to the area. If you're luck you might even spot one of these beautiful birds!



HEART

ENGLAND

## Small Leaved Limes

Relatively rare trees in the UK, the leaves are heart-shaped and were the inspiration for our logo. Look out for some unusual specimens with odd trunks at about 1m above ground level on your walk.

#### Kev



### Giddings Wood was one of our founder's favourite parts of the forest - follow in Felix's footsteps and we're sure you'll agree.

**1.** From the car park donation post follow the waymarked route into the wood (1). After about 200m take the left fork 2

2. As you walk along this ride you might notice a holly bush on your left (3), so keep a look out for the red berries in the autumn and winter. At the next fork keep left.

3. An unusual sight in this wood are small leaved limes trees with odd trunks at about 1m above ground level, you will see one on the right 4 as you walk up this ride. These deformities are caused by the lead shoot curling in the top of the tree shelter when it was young.

4. This ride takes you to the edge of the woodland and meets an access

track (5), here you head to the right and in front of you is Giddings Barn.

5. As you approach the barn head left through into newly planted woodland 6. After a brief walk through the new planting head right, back toward Giddings Wood. After a brief walk through the new planting head right back toward Giddings Wood.

6. As you leave this new plantation you will notice an area of grassland along the brook and an owl box in a semi mature ash tree. The grass habitat is specifically for owls to hunt small rodents. We keep the grass at different lengths to help them thrive here.

7. Back into Giddings Wood. To the left is a bridge **8** over Noleham

Follow the orange waymarkers along the route.



Brook to the Heart of England Way footpath, but we head right through a corridor of blackthorn which is spreading from the hedge behind.

8. At the next fork turn left 9. Don't leave the woodland but at the Giddings sign head right along the hedge for almost 200m. The path takes a sharp turn to the right 10and again you will see Giddings Barn in the distance.

9. Where the ride opens up to a wider grassy area take the ride to the left 🕛.

10. At the next fork head to the left 🕑 – then finally go left at the last fork in the route, joining the path back to the car park.