

## Accessible trail in the Heart of England Forest

Our specially designed route suitable for wheelchairs, pushchairs and people with limited mobility, passes through a mixture of recent plantation and more mature woodland, with views across to ancient woodland.



Distance: 0.75 miles



**Difficulty:** Easy



Start/finish: Car park Burford Lane, Spernal



**OS Grid Ref:** SP 09902 62401



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Terrain: Easy going, suitable for wheelchairs, pushchairs and people with limited mobility.



Things to look out for



## Hazel

Loaded with catkins in spring and nuts in autumn, hazel is an indicator of an ancient woodland site.



## **Butterflies**

Depending on the time of year you can spot red admiral, comma, silver washed fritillary (pictured) and speckled wood species as you follow the trail.



The different aged trees together with mature hedgerows and grassland provide a rich variety of habitats for wildlife in this area of the Forest.

**1.** Access the Morgrove coppice car park from Burford lane **1**. When entering the car park please park on the grassed half of the car park.

To begin the walk head to the end of the car park furthest from the entrance where you will find the first waymarker 2.

2. Begin to follow the path. When you reach a waymarked post with a bridge to the right 3 continue forward keeping the hedge on your right. The woodland you can see to the right in the distance is Spernal Park wood which is a mix of ancient semi natural woodland (ASNW) and plantations on an ancient woodland site (PAWS). Ancient semi

natural woodland means it has had continual forest cover since 1600.

- **3.** Continuing along the path you will pass a bridge to your right **4**. Still following the path, it then starts to gently bend towards the left.
- **4.** You will arrive at a small bridge which will take you in to Morgrove Coppice Wood **3**. As you follow the path through Morgrove Coppice you will find yourself surrounded by trees of all ages. The pine trees that were planted here in the 60's have been thinned out of this area to allow us to plant broadleaf trees in their place.

Follow the accessible route markers.



- **5.** Follow the path as it meanders through the wood. At a T junction follow the waymarker and take the path to the left **6**.
- **6.** Following the path, you will notice some large Scots pine trees to your right. Keep following the waymarked route until you meet the boardwalk which will appear on you left **7**.
- 7. Continue forward on the boardwalk following it to its end as it exits the Morgrove coppice woodland 8.
- **8.** After leaving the boardwalk take the path diagonally to the right through the plantation that leads back to the car park **1**.